

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

## Open Share Small Group Discussion Worksheet

# Spiritual Inventory (part 2)

**Step 4: We made a searching and fearless moral inventory of ourselves.**

*"Let us examine our ways and test them, and let us return to the Lord" Lamentations 3:40*

**Principle 4:** Openly examine and confess my faults to myself, to God, and to someone I trust.

*"Happy are the pure in heart" Matthew 5:8*

**Note to the Newcomer:** Open Share Small Groups allow us to grow closer to one another through sharing our hurts, habits & hang-ups and the tools we use to overcome them. When we go around the room, feel free to share on tonight's topic or say pass and just listen. In order to start the recovery process on a solid foundation we suggest that you:  
**1.** Make a commitment to attend the large group and small group time regularly **2.** Start looking for someone that you connect with that you can ask to be your sponsor or accountability partner. These people will be able to assist you on your journey and will become part of your accountability team. **3.** Begin working and applying the recovery principles found in the CR Participant's Guides and the Bible. **4.** Set a personal goal to become involved in a step study group.

**SPIRITUAL INVENTORY** (further information on spiritual inventory may be found in the CR Participant's Guide #2)  
*"Search me, O God, and know my heart: test my thoughts. Point out anything you find in my that makes you sad, and lead me along the path of everlasting life." Psalm 139:23-24*

**A spiritual inventory helps us evaluate four more areas:**

- 1. Our Mind** - *Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - his good, pleasing and perfect will. Romans 12:2*
- 2. Our Body** - *Haven't you yet learned that your body is the home of the Holy Spirit God gave you, and that He lives within you? Your body does not belong to you. For God has bought you with a great price. So use every part of your body to give glory back to God, because he owns it. Corinthians 6:19-20*
- 3. Our Family** - *But if you are willing to obey the Lord, then decide today whom you will obey...But as for me and my family we will serve the Lord. Joshua 24:15*
- 4. Our Church** - *Let us not neglect our church meetings, as some people do, but encourage and warn each other, especially now that the day of His coming back is drawing near. Hebrews 10:25*

**LARGE GROUP REFLECTION:**

What tools did the lesson or speaker give me to help with the inventory process?

The Lesson or Speaker's Testimony helped me recognize that \_\_\_\_\_.

**OPEN SHARE SMALL GROUP DISCUSSION STARTERS:**

1. Have I filled my mind with hurtful, unhealthy movies, television programs, magazines or books? Why?
2. What positive things am I filling my mind with today?
3. In what ways in the past have I mistreated my body? Why?
4. Have I abused alcohol, drugs, food, nicotine, or sex? Why?
5. Who in my family do I have resentment against? Who do I owe an amends to?
6. Have I ever been critical of the church? What are some positive aspects of a church community?

**SMALL GROUP PRAYER REQUESTS:**

*(please pray for your small group during the week - use your phone list and make some calls)*

**NAME**

**PRAYER REQUEST**


**PRAYER:** Dear Jesus, the road to recovery can be messy, but well worth the rewards. Please help keep me on the path towards you and not give up along the way. I pray that I live a life that is pleasing to you. Thank you for modeling unconditional love so I have an example of how to live my life. In Your name I pray. AMEN.

**Verse to Memorize:** Psalm 39:23-24

**RECOVERY THERMOMETER:**

Have I ever attended another Celebrate Recovery group?  
Am I willing to attend church on a Sunday?  
Is there anywhere on the Celebrate Recovery Team where I can help?  
How many recovery meetings, groups or studies am I going to per week? Is it enough?

**MY PERSONAL RECOVERY GOAL FOR THIS WEEK:**

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**ANY REMINDERS FOR NEXT WEEK?**

