

NAME: _____ DATE: _____

Open Share Small Group Discussion Worksheet

Spiritual Inventory (part 1)

Step 4: We made a searching and fearless moral inventory of ourselves.

"Let us examine our ways and test them, and let us return to the Lord" Lamentations 3:40

Principle 4: Openly examine and confess my faults to myself, to God, and to someone I trust.

"Happy are the pure in heart" Matthew 5:8

Note to the Newcomer: Open Share Small Groups allow us to grow closer to one another through sharing our hurts, habits & hang-ups and the tools we use to overcome them. When we go around the room, feel free to share on tonight's topic or say pass and just listen. In order to start the recovery process on a solid foundation we suggest that you:

1. Make a commitment to attend the large group and small group time regularly **2.** Start looking for someone that you connect with that you can ask to be your sponsor or accountability partner. These people will be able to assist you on your journey and will become part of your accountability team. **3.** Begin working and applying the recovery principles found in the CR Participant's Guides and the Bible. **4.** Set a personal goal to become involved in a step study group.

SPIRITUAL INVENTORY (further information on spiritual inventory may be found in the CR Participant's Guide #2)

"Search me, O God, and know my heart: test my thoughts. Point out anything you find in my that makes you sad, and lead me along the path of everlasting life." Psalm 139:23-24

A spiritual inventory helps us evaluate four areas:

- 1. Relationship to others** - *Forgive us our sins, just as we have forgiven those who have sinned against us. Don't bring us into temptation, but deliver us from the Evil One.* Matthew 6:12-14
- 2. Priorities in life** - *He will give them to you if you give Him first place in your life and live as He wants you to.* Matthew 6:33
- 3. Attitude** - *Get rid of all bitterness, passion, and anger. No more shouting insults. No more hateful feelings of any sort.* Ephesians 4:31
- 4. Integrity** - *Do not lie to each other. You have left your old sinful life and the things you did before.* Colossians 3:9

LARGE GROUP REFLECTION:

What tools did the lesson or speaker give me to help with the inventory process?

The Lesson or Speaker's Testimony helped me recognize that _____.

OPEN SHARE SMALL GROUP DISCUSSION STARTERS:

1. Against whom have I been holding a grudge? Why?
2. Am I jealous of anyone and why?
3. Have I been involved in criticizing someone or gossiping?
4. What in my past is interfering with me doing God's will?
5. Do I complain about my circumstances?
6. In what areas of my life am I ungrateful? What things am I grateful for?
7. Have I been sarcastic? Why do I use sarcasm to communicate?
8. Have I pretended to live one way in front of Christian friends and another way at home or at work?

