

Like a bunch of poisonous puss was released

My habit was methamphetamine addiction. It was really deceptive. I thought I could quit anytime in the beginning. As a matter of fact I did quit when I wanted, that was the deceptive early stages.

At some point I had crossed the invisible line from "experimental" to addiction and didn't even know it. I woke up 30 years and seven prison terms later, was introduced to *Celebrate Recovery* while doing my time.

I got out and began attending *Celebrate Recovery* at *Rolling Hills Covenant Church*. I did a *12 Step Study* and was able to finally confront the real reason I was doing drugs. You see, I'm an adult survivor of childhood sexual abuse.

That was the hurt I was hiding from it was buried deep and covered not just by emotional scars but lots of drugs. The *12 Step Study* helped me uncover the hurt, and Jesus lanced it in my fourth step. It was like a bunch of poisonous puss was released.

I have experienced freedom from the addiction and from the pain, continuous memories, and self loathing from the molestation. I found out it wasn't my fault, I learned forgiveness and those scenes in my head don't play no more. Jesus deleted them.

If you're new to *Celebrate Recovery* I would encourage you to trust that God has your back, you're in the right place! Join a *12 Step Study* and let Jesus do His work in you. He will heal you inside. He will pick up those fragmented pieces of all your failures, all the guilt, all the shame, and make it all into a masterpiece for the Fathers glory.

Patrick L.