

Is Celebrate Recovery for you?

To explore whether or not Celebrate Recovery may hold some advantage for your life simply ask yourself whether you or someone you are in a close relationship with may:

- Do too much
- Owe too much
- Work too much
- Exercise too much
- Spend too much
- Lust too much or too often
- Sleep too much
- Fantasize too much/often
- Grieve too long
- Gamble too much
- Use illicit drugs too often
- Feel used too often
- Act compulsively too often
- Become sad too often
- Lose control too often
- Become jealous too often
- Get manipulated too often
- Be too early too often
- Feel guilty too often
- Feel hopeless
- Feel trapped too often
- Feel unloved too often
- Feel like a failure too often
- Eat too much
- Worry too much
- Give to others too much
- Drink too much
- Care too much
- Smoke too much
- Rush too much
- Obsess too much
- Diet too much/often
- Seek excitement too often
- Yell or scream too often
- Get angry too often
- Act sexually inappropriately
- Be greedy too often
- Feel overwhelmed
- Feel envious too often
- Be anxious or afraid
- Be late too often
- Feel resentful too often
- Feel lonely too often
- Feel unlovable
- Feel worthless too often
- Feel unattractive
- Feel unforgivable too often
- Play video games too much