

God was not a high priority in my life

Though not particularly aware when I came to CR, I was struggling with issues of Rejection and Co-dependency i.e. Relying on the actions and opinions of others to define who I was, how I acted and what I thought about myself. In short—People pleasing.

Particularly difficult in my steps to recovery was realizing and admitting that for most of my life I had been robbing myself of a fulfilled life through negative thinking and relying on others to define my self-worth.

I had cheated my wife and children of a Husband and Father who could really “be there” for them. God was not a high priority in my life and I had not allowed Him to direct my life as He desired. Particularly difficult was asking forgiveness from those I had hurt.

I’ve gained so much through working the 12 steps to recovery and living the 8 principles at Celebrate Recovery. In particular, the following...

- a) A deeper respect and relationship with God/Jesus.
- b) Becoming more open and honest with myself, others and God.
- c) Freedom and confidence in myself.
- d) More definitive in making right choices.
- e) Able to see and accept others w/o being judgmental/prejudiced.
- f) A desire to get more involved in helping others get free through involvement in leadership.

I’d like to encourage anyone new who is looking for a recovery program to consider the following...

- a) CR doesn’t beat around the bush but directly addresses the issues that have been sabotaging our individual lives.
- b) If you are willing to fully commit to the step-study, you will experience **real** transformation in your key relationships with others and most importantly with **GOD!**
- c) Don’t be afraid to reach out to others as well as allow others in the program to reach out to you. God is using them as an integral part of helping you in your steps to recovery!!!

May God Richly Bless you as you undertake this journey to Victory!!!!

Steve S.